

# Snack Options

|   | Week 1              | Week 2            | Week 3              | Week 4            |
|---|---------------------|-------------------|---------------------|-------------------|
| 1 | Craisins & Pretzels | Apple Slices      | Craisins & Pretzels | Apple Slices      |
| 2 | Fruit Pouch         | Yogurt Pouch      | Fruit Pouch         | Yogurt Pouch      |
| 3 | PB Crackers         | Goldfish Crackers | PB Crackers         | Goldfish Crackers |
| 4 | Graham Crackers     | Trail Mix         | Graham Crackers     | Trail Mix         |
| 5 | Granola Bar         | Yoghurt Raisins   | Granola Bar         | Yoghurt Raisins   |
| 6 | Cheese              | Beef Stick        | Cheese              | Beef Stick        |
| 7 | Baby Carrots        | Cucumber Slices   | Baby Carrots        | Cucumber Slices   |